



# P.E. Knowledge Organiser - Football



## Key Vocabulary

Control	Know where the ball is at all times when in possession.
Dodge	Move away from other others e.g. side stepping or changing direction.
Dribble	To move a ball using small touches from point A to point B.
Invasion	The aim of the game is to attack the other teams territory to score a goal / point.
Pass	Successfully send and receive a ball to a teammate.
Pitch	Area in which games, such as football, rugby and hockey are played.
Possession	When your team have the ball.
Receive	Take possession the ball from a teammate.
Send	Using your hands and feet to push the ball to a teammate.
Space	An area of the pitch/court where your are not next to your teammates or opponents.
Turn	Change direction with or without the ball.

## Moving with the ball

It is important to be in control of the ball when you are moving with it as you may need to change direction, stop or accelerate with it quickly.

Lots of small touches with your foot using either the inside, outside or top of your foot. Try to keep your toe pointing slightly down when touching the ball.

## Football

The National sport for the UK—played by over 11 million men, women, boys, girls and those with disabilities in the UK. Played on a pitch.  
Played in different formats from 5 v 5 to 11 v 11



<u>Sending the ball</u>	<u>Receiving the ball</u>	<u>Moving with the ball</u>
<p><u>Football</u></p> <p>Move towards the ball, non-striking foot planted to the side of the ball and swing striking foot at the ball.</p>	<p><u>Football</u></p> <p>Watch the path of the ball and move to it - use the side (inside or outside) of your foot to cushion the ball to stop it.</p>	<p>It is important to be in control of the ball when you are moving with it as you may need to change direction, stop or accelerate with it quickly.</p>