

PSHE Knowledge Organiser

Year 5 - How can friends communicate safely?

Key Vocabulary	Definition
Relationships	the way in which two or more people or things are connected
becoming independent	The word independence means "not dependent", or not having to depend on anyone or anything else
Online safety	how to keep yourself safe when using the Internet.
Risk	Hazard or danger
Consent	Giving someone the choice and respecting their decision/ having a choice. Giving permission.

Prior Knowledge
Yr 3 - How can we be a good friend?
Yr 4 - How do we treat each other with respect?
How can we manage risk in different places?

Possible experiences
Friendship Retreat
Friendship week

In the unit, we will learn...
<ul style="list-style-type: none"> about the different types of relationships people have in their lives how friends and family communicate together; how the internet and social media can be used positively how knowing someone online differs from knowing someone face-to-face how to recognise risk in relation to friendships and keeping safe about the types of content (including images) that is safe to share online; ways of seeking and giving consent before images or personal information is shared with friends or family how to respond if a friendship is making them feel worried, unsafe or uncomfortable how to ask for help or advice and respond to pressure, inappropriate contact or concerns about personal safety

Need help, support or more information?

NSPCC Helpline: 0800 800 5000 (24 hours, every day)
www.nspcc.org.uk

Childline Helpline: 0800 1111 (24 hours, every day)
<https://www.childline.org.uk>



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S

**Stay
Safe**

Don't give out your personal information to people / places you don't know.



M

**Don't
Meet Up**

Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.



A

**Accepting
Files**

Accepting emails, files, pictures or texts from people you don't know can cause problems.



R

Reliable?

Check information before you believe it. Is the person or website telling the truth?



T

**Tell
Someone**

Tell an adult if someone or something makes you feel worried or uncomfortable.

Follow these SMART tips to keep yourself safe online!