

# PSHE Knowledge Organiser

## Year 4 - How can we help in an accident or emergency?

Key Vocabulary	Definition
first aid	help given to a sick or injured person until full medical treatment is available.
accidents	An accident is when something goes wrong when it is not meant to. Physical accidents are things like collisions, injuries, and falling.
emergencies	An emergency is a situation in which a risk to health, life, property or environment is about to happen.
If someone is hurt or injured it is very important that you do not put yourself in any danger by helping them. It is important to recognise and manage risk.	
What to do in an emergency: Stay calm. Find an adult to help you. If there is no adult around, ring 999, explain what has happened and ask for the police, fire brigade, an ambulance or the coastguard.	

### Prior Knowledge

Year 3 - What keeps us safe?

### Possible experiences

British Red Cross Training the children  
Basic first Aid.  
Role play an accident and emergency.  
Police talk.

### In this unit, we will learn...

- how to carry out basic first aid including for burns, scalds, cuts, bleeds, choking, asthma attacks or allergic reactions
- that if someone has experienced a head injury, they should not be moved
- when it is appropriate to use first aid and the importance of seeking adult help

