

PSHE Knowledge Organiser

Year 3 - How can we be a good friend?

Key Vocabulary	Definition
friendships	A friend is a person that someone likes or knows. People who are friends talk to each other and spend time together.
loneliness	Loneliness is a sad emotion that a person can feel if they are isolated or lack friends and family members.
arguments	When people do not agree. An argument is an attempt to persuade someone of something.
positive friendship	A relationship with a friend that makes you happy and feel better.

Prior Knowledge
Year 2- What makes a good friend?



In this unit you will learn:
<ul style="list-style-type: none"> • how friendships support wellbeing and the importance of seeking support if feeling lonely or excluded • how to recognise if others are feeling lonely and excluded and strategies to include them • how to build good friendships, including identifying qualities that contribute to positive friendships • that friendships sometimes have difficulties, and how to manage when there is a problem or an argument between friends, resolve disputes and reconcile differences <ul style="list-style-type: none"> • how to recognise if a friendship is making you unhappy, feel uncomfortable or unsafe and how to ask for support

Possible experiences
Friendship week Making friendship stones or cookies for a friend.