

## Internet Safety Advice for parents and carers



Set age-appropriate parental controls on digital devices and use internet filters to block malicious websites.

Use these resources to keep children safe online:

- [Thinkuknow](#) provides advice from the National Crime Agency (NCA) on staying safe online
- [Parent info](#) is a collaboration between Parentzone and the NCA providing support and guidance for parents from leading experts and organisations
- [Childnet](#) - toolkit to support discussions about online life, set boundaries around online behaviour and technology use, and to find out where to get more help and support
- [Internet matters](#) provides age-specific online safety checklists, guides on how to set parental controls on a range of devices, and practical tips to help children get the most out of their digital world
- [London Grid for Learning](#) tips to keep primary aged children safe online
- [Net-aware](#) has support from the NSPCC, including a guide to social networks, apps and games
- [Let's Talk About It](#) has advice to keep children safe from online radicalisation
- [UK Safer Internet Centre](#) has tips, advice, guides and other resources to help keep children safe online, including parental controls offered by home internet providers and safety tools on social networks and other online services

## A Reminder about Age Restrictions for Social Media Platforms

**Age Restrictions for Social Media Platforms**  
What is the minimum age for account holders on these social media sites and apps?

Age Restriction	Platforms
Under 13	Roblox, PopJam, FaceTime
13+	Twitter, Facebook and Messenger, Viber, WeChat, Monkey, Yubo, Dubsmash, Instagram, TikTok, Skype, Google Hangouts, Reddit, Snapchat, Pinterest
16+	WhatsApp, Telegram Messenger, Tumblr
17+	Line, Sarahah, Tellonym

Sourced from NSPCC website October

PLEASE NOTE that *Snapchat has an age restriction of 13* and *Whatsapp has an age restriction of 16.*